# Better skills Better work Better future

**Ready for Social Care** 





# Helping individuals enter a new industry

A solution to support adults with training or reskilling by creating a bridge into or back into employment.

- A 3-4 hour digital course for adults aged 19+ to understand what it's like to work in social care.
- Discover the breadth of jobs and opportunities in the sector, giving learners the motivation to succeed in their studies and build a career in social care.
- Gain a real sense and flavour of what it's like working in the sector and the skills, attitudes and behaviours employers are looking for when recruiting.
- The course put a high emphasis on transferable / soft skills e.g. communication, teamwork, reliability or flexibility.
- On completion, learners will receive some job search tips from employers to help them stand out when they are ready to start looking for a job.

There are
millions of
people receiving
and providing
care in the UK
every day



# Earn a digital credential

# Recognition of learning

On completion, learners will gain a digital credential from City & Guilds to recognise their learning



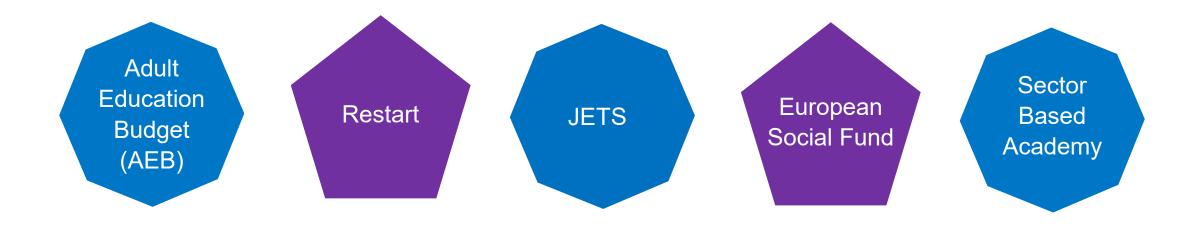
They can use the credential to help with their job search when they get started in the industry







# Ready for Social Care Funding





# A brand new course by City & Guilds





# Welcome to the course

In this course, you will discover why working in social care offers one of the most rewarding careers you could ever choose.

Scroll down to begin.



# Hear from one of the employers

We would like to thank our partner employers who have worked with us to co-design the content of the course to make sure that it reflects the needs of the sector and what employers are looking for. These employers all share our passion for supporting people to develop skills that help them into a job, and onto their next job.

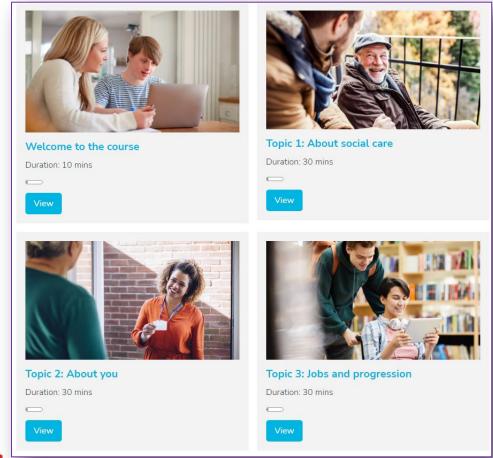
Click <u>here</u> to find out which organisations have supported the development of the course. Click on the video to hear from Greensleeves Care, our lead employer partner for the course.





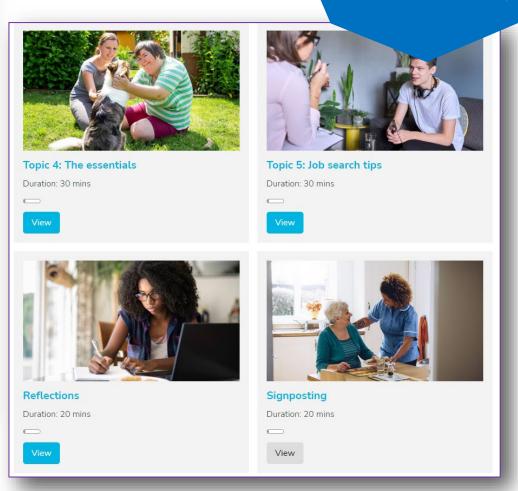


# Ready for Social Care Course overview and topics





- Employer welcome
  - Feature videos
  - Employers clips
- Interactive tasks
- Reflection activity





# Ready for Social Care Topic 1 – About social care

# Topic 1: About social care

In this topic you will find out all about the world of social care.

Scroll down to begin. Remember that in order to complete this topic you need to cover all the learning on the page, including watching the short videos. You can click on the progress panel in the top right hand corner to see which videos you've started watching.

#### Includes

 Feature video #1
 10 things that everyone should know about social care





# Topic 2 – About you

## **Topic 2: About you**

Here you'll find out about the skills, values and behaviours employers are looking for. You'll also have the chance to explore what you can bring to social care.

Scroll down to begin. Remember that in order to complete this topic you need to cover all the learning on the page, including watching the short videos. You can click on the progress panel in the top right hand corner to see which videos you've started watching.



Ten skills, values and behaviours social care employers look for



Social care is open to anyone who wants to make a positive difference to other people's lives. You don't need to have any previous experience working in the sector to get a job in social care, but you must be willing to learn.



Many of the skills and experiences you already have will be directly applicable in social care.

Click below to see some examples.

#### Example skills you can bring into social care

- You may have done work, paid or voluntary, in hospitality or retail where you served customers.
- You may have organised a trip for friends or family.
- You may enjoy baking, cleaning, gardening or painting.
- You may have some DIY skills.
- You may have experienced a difficult period in your life when you had to be resilient to make it through.

Examples like these, and many others, will be very attractive to a social care employer, as they can prepare you for success in the sector.



# **Topic 3 – Jobs and progression**

# Topic 3: Jobs and progression

Find out about the different types of jobs available in social care and how your career could progress.

Scroll down to begin. Remember that in order to complete this topic you need to cover all the learning on the page, including watching the short videos. You can click on the progress panel in the top right hand corner to see which videos you've started watching.

#### Includes

- Feature video #2
  - Jobs roles
- Work settings
- Progression opportunities





# Ready for Social Care Topic 4 – The essentials

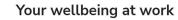
# Topic 4: The essentials

This section will introduce you to the essential knowledge you will learn when you start your job in social care. You will find out about your responsibilities around regulations and health and safety at work, as well as think about your own wellbeing.

Scroll down to begin. Remember that in order to complete this topic you need to cover all the learning on the page, including watching the short videos. You can click on the progress panel in the top right hand corner to see which videos you've started watching.

#### **Includes**

Roles and responsibilitiesKey legislation and regulationsWellbeing tips



To perform to the best of your abilities in your job role, it is important that you look after your **wellbeing**. This means taking care of yourself and maintaining a healthy work-life balance.

#### What is wellbeing?

Your wellbeing means:

- You are comfortable with yourself and your achievements
- You have a sense of purpose and control of your life.
- You have goals and ambitions which may be small or big.
- You are ready to do what is necessary to achieve your goals.
- You feel enabled to overcome difficulties and other challenges when they arise.

Working in social care can, at times, be stressful and distressing. One of the skills you will learn when you work in the sector is how to look after yourself. This is not only essential for your role, it can greatly benefit other areas of your life too. You will also have a support network around you through your colleagues, co-workers and regular supervision by your employer.





# **Topic 5 – Getting started in social care**

# **Topic 5: Job search** tips

Here you'll find some tips from employers on finding a job in social care.

Scroll down to begin. Remember that in order to complete this topic you need to cover all the learning on the page, including watching the short videos. You can click on the progress panel in the top right hand corner to see which videos you've started watching.





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to identify what you do and don't want to

Tip 1: Identify what you want to do

Before you start looking for a job, take the time do. This will help you understand what truly drives you, which will help you find a job that you'll enjoy. The key is to be honest with

Most roles available in social care are best suited to people looking for a job that makes them feel fulfilled. Employers are looking for candidates who want to make a difference. If you're looking for a 9 to 5 job which pays the bills, but your main priority is to enjoy life outside work, it's absolutely fine. It's actually great if you have that clarity. There could still be opportunities for you in social care, though they probably won't be in hands-on care.



# 'Explore' tasks

# Explore further If you feel inspired by what you have learnt in this section, here is an additional activity you can do in your own time. This will help you get a better understanding of social care and find out whether you could enjoy working in the sector. 1. Think of someone in your local community who receives or would benefit from social care.

2. What type of support do they receive or would they benefit from?

3. How does social care help this person live more fully or independently?



Optional 'Explore' task at the end of each topic to build learners' interest in the sector

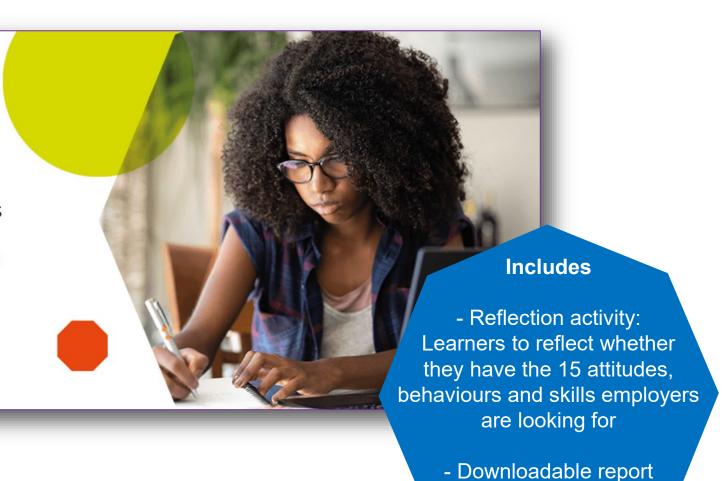


# Ready for Social Care Reflections

### Reflections

In this section you can explore whether social care could be a suitable career choice for you, by reflecting which of the attitudes, behaviours and skills you already have and which ones you may need to develop or strengthen.

Scroll down to begin.



with the results



# **Course completed**

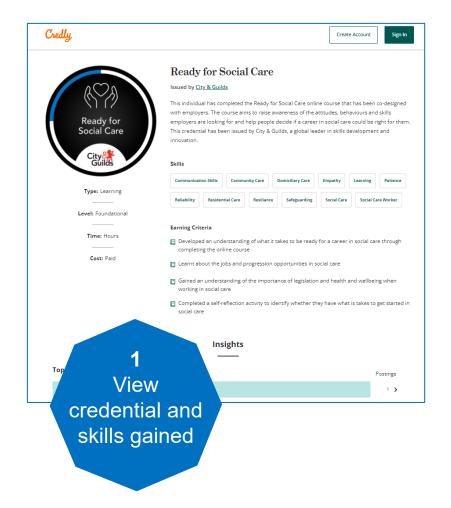
# Digital credential – recognition of learning

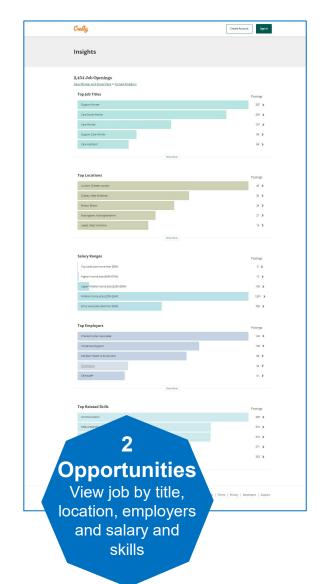


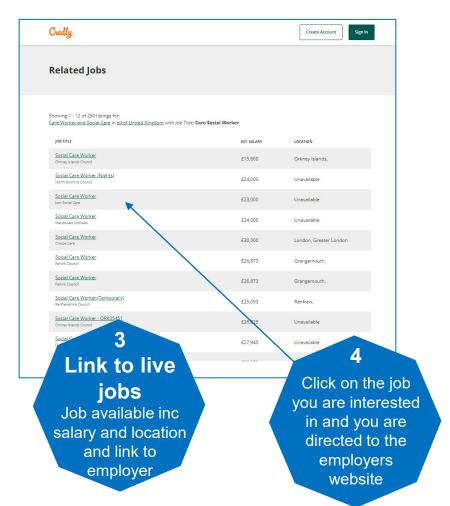


# Digital credential issued on completion

## Showcase recognition of learning and job opportunities





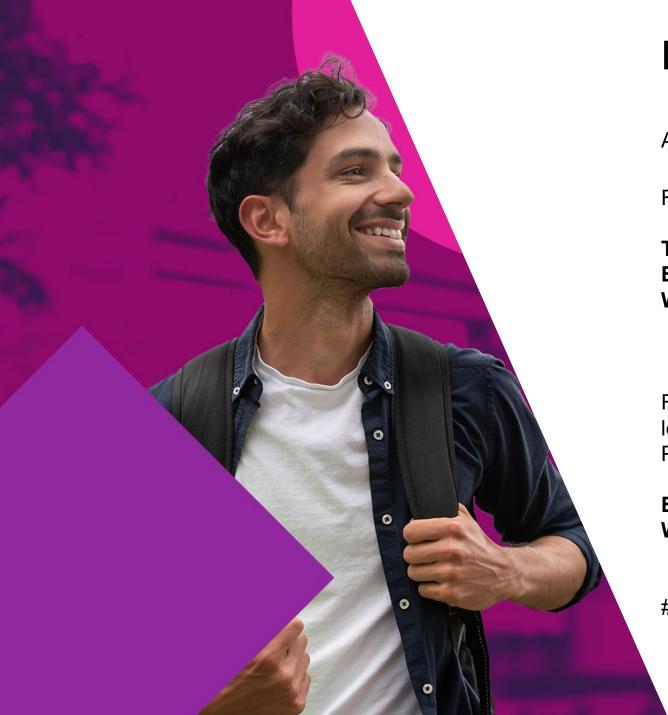




# Ready for Social Care Licence price

Ready for Social Care	Package price	Walled Garden code
10 Licences	£200	RFSC10
20 Licences	£360	RFSC20
40 Licences	£640	RFSC40
60 Licences	£840	RFSC60
100 Licences	£1200	RFSC100
100+	POA	





## Keep in touch

All purchases can be made on Walled Garden

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**E:** <u>directsales@cityandguilds.com</u> **W:** <u>cityandguilds.com/adult-skills</u>

For further information and support with our digital learning, learning materials and platforms including; SmartScreen, Portfolio Plus and e-Functional Skills:

E: digitalsales@cityandguilds.com

W: cityandguilds.com/digital-learning

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