

Coaching Skills



From **creating trust to delivering effective feedback**, this workshop develops core coaching skills for leaders and managers at all levels, helping to foster a supportive coaching culture in the workplace.

Develop core coaching skills

The best and most effective managers are the ones who can draw out the best in their colleagues and employees.

Using coaching techniques like active listening, powerful questioning, goal setting and focused feedback can enable your employees to develop more effectively. Coaching frameworks can be applied to many situations to enhance employee conversations and improve performance.

Workshop features

This ready-to-run workshop provides a thorough introduction to the skills and techniques of coaching others at work. Participants learn a coaching framework which can be used in a variety of situations, from short informal discussions to formal appraisals, and will enable participants to help others, and themselves, to continuously improve.

After completing this workshop, **participants will be able to...**

- Understand the role and benefits of coaching in business
- Develop skills, behaviours and confidence for successful coaching
- Introduce a simple framework for successful coaching
- Provide real-play coaching practice with focused feedback
- Understand the importance of adapting coaching styles to suit each situation
- Build self-awareness and impact as a coach