

Psychological Safety



How do you achieve a high performing team? A key component is creating the right environment.

Creating high performance through trust and respect

Create an environment where each individual feels free to be themselves, to speak up with new ideas balanced with the confidence to be able to challenge when they can see things going wrong.

Psychologically safe teams produce more and better work and much of that climate comes from the leader. Learn how to create a safe space for teams to thrive and perform, not just survive to the end of the week!

Workshop features

This workshop is designed to support managers to create environments where their teams can operate and deliver high levels of performance in an atmosphere of trust and respect. It will enable participants to help team members to understand how to work together and get the best out of each other in psychologically safe, inclusive and constructive ways.

After completing this workshop, **participants will be able to...**

- Understand the human response to feeling threatened and the factors which contribute to feeling psychologically safe at work
- Understand why creating psychological safety is complex
- Discover what creates psychological safety
- Develop tools to build psychological safety in their team